**Freedom Montessori 15-Day Snack Calendar**

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|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| **AM** | Goldfish | Bananas | Whole Wheat Bread and Jam | Cucumbers/Ranch | Fresh Fruit Friday |
| **PM** | String Cheese | ThinPretzel Sticks | Apple Slices | Whole Wheat Cheerios | Corn |
|  |  |  |  |  |  |
| **AM** | Saltine Crackers and Cheese | Bananas | Apple Slices | Whole Wheat Cheerios  | Fresh Fruit Friday |
| **PM** | Goldfish | Carrots/Ranch | Cucumbers/Ranch | Pasta w/Marinara | Celery Sticks/Ranch |
|  |  |  |  |  |  |
| **AM** | Fresh Oranges | Bananas | Whole Wheat Bread and Cheese | Apple Slices | Fresh Fruit Friday |
| **PM** | Thin Pretzel Sticks | Carrots/Ranch | Applesauce | Saltine Crackers and Cheese | Corn |

All snack is served with water. (Exceptions: 2 year olds are served milk in am only). Snack calendar is subject to change at anytime.